Life of a Professional Trader

By C Bala
What are we seeing today?

- Trading = all about yourself & your mind
- What is **not** ‘Professional’ Trading?
- What is ‘Professional’ Trading?
- Elements of Professional Trading
- How long it takes to become a ‘Pro’
- “Get Rich Slowly & Quietly”
China A50 (Spot)
SGX India Nifty (Spot)
Trading = all about yourself & your mind

- Discipline & Patience
- Your temperament
- Time Frame
  - Scalper
  - Position Trader
  - Swing Trader

Trading is nothing but a profession but you choose your lifestyle
What is *not* ‘Professional’ Trading?

- If you think, you can make millions in a short period of time
- If you enter into a trade based on advice from someone, tv, etc...
- If you are using too high leverage
- If you don’t understand the market mechanics
- Most important, if you HOPE, PRAY for a GOOD trade......
What is ‘Professional’ Trading?

- Understanding of “yourself”
- Technical or Fundamental
- Timeframe (remember, the higher the timeframe, more reliable the trend...BUT...higher the SL)
  - Monthly/Weekly/Daily
  - Hourly/30-min/15-min/5-min
Elements of ‘Professional’ Trading

- Define before you enter into your trade
  - Entry
  - Exit (Profit Target)
    - Part Profit booking
  - Stop Loss
    - Trailing Stop Loss
Elements of ‘Professional’ Trading

- Risk Aversion Vs Risk Tolerance

- Love your Losses

- Opportunity cost is very high

- Cut your losses short and Ride your profits
How long it takes to become a ‘Pro’

- 3-5 years to become a good trader
  - Even longer to be a ‘pro’

- Prepare to lose your capital 2-3 times
  - It is the tuition fee you are paying to Mr. Market

- Power of Less – Focus on 1-Market, at least in the beginning
**How long it takes to become a ‘Pro’**

- No HOLY GRAIL

- No Magic Formulas or Systems

- Have to participate in the market every day...

- Find your OWN system that you are COMFORTABLE with
Get *Rich slowly & Quietly*

- Keep your emotions away from Market
- Mr. Market is always RIGHT
- Don’t be over pride when you make a big trade
- Don’t blame yourself when you hit SL
Get Rich slowly & Quietly

- Just treat “trading” like any other profession and put-in your “best effort” in a disciplined way

- fail to plan is the plan to fail

- Always have a “trade plan”
Above all, have fun, and Enjoy Trading !! 😊